

## 2004 Ontario Championships - Level 3

Location: London, Ontario

Date: July 10, 2004

See [BodyBuildingLive.com](http://BodyBuildingLive.com) for more coverage

### Men - Bantamweight

1. Marc Tremblay
2. Keith Kosowan
3. Eric Clous

### Men - Lightweight

1. Rob Wepler
2. Michael Leggett

### Men - Welterweight

1. Doug Derma
2. Danny Cicchirillo
3. Jamie Bonaccorso
4. Erik Willadsen

### Men - Middleweight

1. Compton Austin
2. Brooke Maskell
3. Reiner Ruska
4. Pirooz Varasteh

### Men - Light-Heavyweight

1. Henry Mensah
2. Basil Odei
3. Harlam Wiles
4. Hassan Jama
5. Jay Paul
6. Ramon Fodor
7. Darryl Brown

### Men - Heavyweight

1. **Rob Hoffman - Overall Men's BodyBuilding Champion**
2. Gil Ansah
3. Eustace Abraham
4. Gary Kachowksi

### Men - Super-Heavyweight

1. David Lynch

Men - Junior (under 21)

1. Christopher Chenier
2. Richard Nolin
3. Joey Flores
4. Chad Tkachuk
5. Derek Garkut

Men - Masters (over 40)

1. Gary Kachkowski
2. Chuck Matton
3. Wayne Perron
4. Brian Steiss
5. Ron Robichaud

Men - Grand Masters (over 50)

1. Brian Steiss

Women - Lightweight

1. Marivi Barrios
2. Francina Bezzubetz-Chopp

Women - Middleweight

1. **Janeen Lankowski - Overall Women's BodyBuilding Champion**
2. Christine Gillis

Women - Heavyweight

1. Robin Hillis
2. Kim Birtch
3. Carol Jackson
4. Emma Martinez
5. Kerri Mitchell

Women - Masters (over 35)

1. Robin Eve
2. Carol Jackson
3. Francina Bezzubetz-Chopp
4. Colleen Smulders-Rispin

Women - Grand Masters (over 50)

1. Judy Gareh

Women - Fitness (Short)

1. Marita Krumme
2. Sharon Ludwick

Women - Fitness (Tall)

1. Janice Rodney
2. Ainsley Garrett
3. Charlotte Ferguson

Women - Figure (Short)

1. Trinh Tieu

Women - Figure (Medium)

1. Lyn Boudreault
2. Sandra Kies
3. Lindsay Vickers
4. Christy Wolfe

Women - Figure (Tall)

1. Pamela Tremble
2. Kerri Nelligan
3. Linda Park
4. Tracey Elliot
5. Diana Simas
6. Tracey Orzechowski

Women - Masters Figure (over 35)

1. Lyn Boudreault
2. Sandra Kies
3. Colleen Smulders-Rispin