

## 2007 South-Central Ontario Championships (Level 2)

Location: Mississauga, Ontario

Date: May 26, 2007

See [BodyBuildingLive.com](http://BodyBuildingLive.com) for more coverage

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### Men's Bodybuilding

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Men - Bodybuilding (Lightweight)

1. Zaheer Ali

Men - Bodybuilding (Light-Heavyweight)

1. **Gary Coughlan - Overall Men's Bodybuilding Champion**
2. Mark Richman
3. Hassan Sama
4. AJ Shukoori
5. Peter Chiasson
6. Nathan Leigh
7. Rick Rothchild
8. Ryan Letwin
9. Steven Escobar
10. Curtis Thompson
11. Harris Jordoanou

Men - Bodybuilding (Heavyweight)

1. Josiah Hughes
2. Reiner Ruska
3. Gary Stefancic
4. Pete Morgan

Men - Bodybuilding (Junior, under 21)

1. Joseph Taylor
2. Andrew Baklan
3. Luka Treska
4. Riley Matthew Beauchamp
5. Martin Stanczak

Men - Bodybuilding (Masters, over 40)

1. Raymond Baglole
2. Glen Gillan
3. Tom Weaver

4. Joseph Walker
5. Scott Canning
6. Junior Greaves

Men - Bodybuilding (Grand Masters, over 50)

1. Al Therrien
2. Keith Kosowan

Men - Bodybuilding (Great Grand Masters, over 60)

1. Dominic Binetti
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## **Women's Bodybuilding**

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Women - Bodybuilding (Middleweight)

1. Cindy Gillan

Women - Bodybuilding (Heavyweight)

1. **Paula Reid - Overall Women's Bodybuilding Champion**
2. Melody Spetko

Women - Bodybuilding (Masters, over 35)

1. Wendy McMaster
2. Paula Reid
3. Cindy Gillan
4. Heather Bylsma
5. Katia Raffoul
6. Melissa Collins

Women - Bodybuilding (Grand Masters, over 45)

1. Sandra McLeod
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## **Fitness**

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Women - Fitness (Open)

1. Jaclyn Troup

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## Figure

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### Women - Figure (Short)

1. Katie Kersey
2. Tanya Watkins
3. Marlene Alagha

### Women - Figure (Medium)

1. Pauline Trinier
2. Paula Ryff
3. Meaghan Rottman
4. Marie Silva
5. LeeAnn Slute
6. Melissa Jesmer

### Women - Figure (Tall)

1. **Valerie Richman - Overall Figure Champion**
2. Sheri Archambault
3. Izabela Minnes
4. Ange Lyons
5. Shannon Grandy

### Women - Figure (Masters, over 35)

1. Pauline Trinier
2. Tracy Garey
3. Sandra Pacheco
4. Avril Mamo
5. Sylvia Cameron
6. Izabela Minnes
7. LeeAnn Slute
8. Sonia Iovina-Hopper
9. Lisa Martel
10. Mercedes Gold
11. Renata Reynolds
12. Catherine Chartrand
13. Bernadette Arruda

### Women - Figure (Grand Masters, over 45)

1. Sandra McLeod