

2007 National Capital Classic (Level 1)

Location: Gatineau, Quebec

Date: June 2, 2007

See BodyBuildingLive.com for more coverage

Note: This was a "mixed" competition featuring Quebec and Ontario competitors. All bodybuilding classes were combined, but, Quebec and Ontario figure competitors were not combined due to provincial differences with rules. However, an Overall Figure Champion was selected from the winners of the two provinces. In the case of combined bodybuilding classes, the top-three-ranked Ontario competitors advance to Level 2. (Competitor province is indicated beside each name.)

Men's Bodybuilding

Men - Bodybuilding (Lightweight)

1. **Che Chamungwana - ON - Overall Men's Bodybuilding Champion**

Men - Bodybuilding (Middleweight)

1. Eric Durand - QC
2. Mike Publow - ON
3. Andre Deschamps - ON
4. Eric Lelostec - QC
5. Neil Hunte - ON

Men - Bodybuilding (Light-Heavyweight)

1. Danny Fung - QC

Men - Bodybuilding (Heavyweight)

1. Marc Belair - ON
2. Benoit Forcier - ON
3. Hugues Carle - PQ
4. Pascal Gaumont - PQ
5. Mike Rebane - ON
6. Mike Bade - ON

Men - Bodybuilding (Junior, under 21)

1. Mike Publow - ON
2. Andrew Hewitt - ON

Men - Bodybuilding (Masters, over 40)

1. Neil Hunte - ON

Women's Bodybuilding

Women - Bodybuilding (Open)

1. Isabelle Caillot - QC
2. Karen Picard-Brown - ON

Figure

Women - Ontario, Figure (Short)

1. Karen Picard-Brown - ON

Women - Ontario, Figure (Tall)

1. Angela Davis - ON
2. Elizabeth Gubbels - ON
3. Janine Proulx - ON

Women - Quebec, Figure (Short)

1. **Tammy Johnson - QC - Overall Figure Champion**
2. Silvie Prudhomme - QC
3. Gurpreet Kalsi - QC

Women - Quebec, Figure (Tall)

1. Johanne Sirois - QC