

2007 Windsor Championships (Level 1)

Location: Windsor, Ontario

Date: November 3, 2007

See BodyBuildingLive.com for more coverage

Men's Bodybuilding

Men - Bodybuilding (Lightweight)

1. Allan Fergusson

Men - Bodybuilding (Middleweight)

1. Jerry Poirier
2. Romero DaSilva
3. Daniel Zaccardi

Men - Bodybuilding (Light-Heavyweight)

1. **Benoit Laperriere - Overall Men's Bodybuilding Champion**
2. John Almasi
3. Mike Bozzo

Men - Bodybuilding (Heavyweight)

1. Mark Pope

Men - Bodybuilding (Junior, under 21)

1. Justin Fortier

Men - Bodybuilding (Masters, over 40)

1. Mike Bozzo
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Women's Bodybuilding

Women - Bodybuilding (Lightweight)

1. Nouran Ahmed

Women - Bodybuilding (Heavyweight)

1. **Dayna Hahn - Overall Women's Bodybuilding Champion**
2. Laura Kopacsi

Women - Bodybuilding (Masters, over 35)

1. Laura Kopaski
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Figure

Women - Figure (Medium)

1. Peggy White
2. Orah Bagio
3. Marie Silva

Women - Figure (Medium-Tall)

1. **Kara Knutson - Overall Figure Champion**
2. Tina Fryer 2nd

Women - Figure (Masters, over 35)

1. Peggy White
2. Orah Bagio
3. Maria Silva 3rd

Women - Figure (Grand Masters, over 45)

1. Daniella Allison