

## 2008 South Central Championships (Level 2)

Location: Mississauga, Ontario

Date: May 24, 2008

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### Men's Bodybuilding

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#### Men - Bodybuilding (Lightweight)

1. Eric Daye
2. Ajmal Fezian

#### Men - Bodybuilding (Middleweight)

1. Shannon Anstey
2. Graham Miller
3. Paul Collins
4. Tim Lock
5. Douglas Slauenwhite

#### Men - Bodybuilding (Light-Heavyweight)

1. Marnis Jordanou
2. AJ Shukouri
3. Michael Kwao
4. Doug Currey
5. Deab Batat
6. Darryl Burke
7. Darren Smith
8. Kevin Bisnauth

#### Men - Bodybuilding (Heavyweight)

1. **Maher Al Asfar - Overall Men's Bodybuilding Champion**
2. Ricardo De Matos
3. Vincent Walters

#### Men - Bodybuilding (Junior, under 21)

1. Andrew Baklan
2. Alex Sami
3. Ben Mullen
4. Ryan Morris

#### Men - Bodybuilding (Masters, over 40)

1. Douglas Currey

2. John Mutton
3. Raymond Martin
4. Glen Gillan
5. Thomas Weaver
6. Scott Canning and Enzon Cascone (tied)

Men - Bodybuilding (Grand Masters, over 50)

1. Randy Rogers
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## **Women's Bodybuilding**

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Women - Bodybuilding (Lightweight)

1. Robin Baker

Women - Bodybuilding (Middleweight)

1. Melissa Collins

Women - Bodybuilding (Heavyweight)

1. **Melody Spytko - Overall Women's Bodybuilding Champion**
2. Lucy Ann Thomas
3. Jaqueline Simone
4. Cindy Gillan

Women - Bodybuilding (Masters, over 35)

1. Melody Spytko
2. Cindy Gillan
3. Melissa Collins

Women - Bodybuilding (Grand Masters, over 45)

1. Michelle Ward
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## **Figure**

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Women - Figure (Short)

1. **Lauren Jacobson - Overall Figure Champion**
2. Avril Mamo
3. Nelly Defino

Women - Figure (Medium)

1. Renata Reynolds
2. Melissa McQuillen
3. Tamara Ashton
4. Stacey Moro
5. Laura Paskaruk

Women - Figure (Medium-Tall)

1. Carrie Burstein
2. Renee Primeau
3. Linda O'Keefe
4. Karen Caesar

Women - Figure (Tall)

1. Emily Zelinka
2. Catherine Dupuis
3. Samantha O'Neil
4. Janet Carroll
5. Jody Lathangue

Women - Figure (Masters, over 35)

1. Avril Mamo
2. Renata Reynolds
3. Tamara Ashton
4. Tammy Knox
5. Jody Lathangue
6. Millicent Prince
7. Tammy Fryer-Dougan
8. Allison Smith
9. Joan Helen Kenny
10. Karen Caesar
11. Natalie Wintels
12. Linda O'Keefe
13. Vicky Higgins
14. Michelle Hahn
15. Carole DeSilva Piques
16. Antonio Firmino
17. Laura Paskaruk
18. Vivian Guerriero-Kehoe
19. Tina Deluca