

## 2009 Stratford Championships - Level 1

Location: Stratford, Ontario

Date: April 25, 2009

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### Men's Bodybuilding

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#### Men - Bodybuilding (Lightweight)

1. Paul Brooker
2. Ryan Watchorn
3. Kevin McAllister
4. Matt Sherman

#### Men - Bodybuilding (Middleweight)

1. Scotty MacDonald
2. Branden McCrangy
3. Greg Woolmer
4. Shiv Duttsood
5. Tommy Beatrice
6. Chad White
7. Bernard Lacombe
8. Dwight Nelson
9. Tyler Crowe and Eugene Siromakha (tie)
10. Walter Veryssymo

#### Men - Bodybuilding (Light-Heavyweight)

1. **Billy Pope - Overall Men's Bodybuilding Champion**
2. Shane Roberts
3. Mike Benincasa
4. Matthew Tivioli
5. Sheldon Hoggart
6. Nick Rourke
7. Steve Ryan
8. Curtis Thompson
9. Dave McLauchlan
10. Dave Sodaro

#### Men - Bodybuilding (Heavyweight)

1. Matt Jewell
2. Kevin Greenall
3. John Ullmer
4. David Reesor
5. Corey Phair

6. Glen Gillan

Men - Bodybuilding (Junior, under 21)

1. Billy Pope
2. Domenic Matthew Tavioli
3. Ryan Watchorn
4. Matt Sherman
5. Jotham Apaloo

Men - Bodybuilding (Masters, over 40)

1. John Ullmer
2. Paul Brooker
3. Greg Woolmer
4. Bernard Lacombe
5. Tom Weaver
6. Glen Gillan
7. Floyde Jacobs
8. Dave McLauchlan

Men - Bodybuilding (Grand Masters, over 50)

1. Jim Rankin

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## **Women's Bodybuilding**

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Women - Bodybuilding (Heavyweight)

1. **Sharon Mould - Overall Women's Bodybuilding Champion**
2. Joan Kenney
3. Lucy Cerantola

Women - Bodybuilding (Masters, over 35)

1. Sharon Mould
2. Joan Kenney
3. Lucy Cerantola
4. Imelda Korda

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## **Fitness**

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Women - Open

1. **Danielle Ruban - Overall Women's Fitness Champion**
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**Figure**

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Women - Figure (Short)

1. Tammy Switzer
2. Nancy Sinclair
3. Krista Belnap
4. Christa Fernandes
5. Chantelle Dupuis
6. Tina DeLuca

Women - Figure (Medium)

1. Tawnya Gee
2. Stephanie Boast
3. Carey Kastner
4. Cara Kosie
5. Tammy Woods
6. Christine Tucker
7. Raven Rise
8. Janine Mutton
9. Leigh Evensor

Women - Figure (Medium-Tall)

1. Jacqueline Gallacher
2. Marla Stephenson
3. Carole Kuzhni
4. Melissa Yates

Women - Figure (Tall)

1. **Skye Johnston - Overall Women's Figure Champion**
2. Nathalie Richard
3. Amanda Pettitt
4. Sarah Tipple
5. Jessica Adams
6. Renee Willis

7. Gina Grujic
8. Jada Avon

Women - Figure (Masters, over 35)

1. Skye Johnston
2. Tawnya Gee
3. Tammy Switzer
4. Jacqueline Gallacher
5. Nathalie Richard
6. Marla Stephenson
7. Renee Willis
8. Tammy Woods
9. Krista Belnap
10. Christine Tucker
11. Carole Kuzhni
12. Tina DeLuca