

2009 Northern Ontario Championships - Level 2

Location: Sudbury, Ontario

Date: June 13, 2009

Men's Bodybuilding

Men - Bodybuilding (Lightweight)

1. Stephan Desrosiers

Men - Bodybuilding (Light-Middleweight)

1. Rejan Letwin
2. Ron Sarazin
3. Mike Pablow
4. William Flemming

Men - Bodybuilding (Middleweight)

1. Jason Pilon
2. Matt McLean

Men - Bodybuilding (Light-Heavyweight)

1. Shane Roberts
2. John Almazi
3. Chris Muncaster

Men - Bodybuilding (Heavyweight)

1. **Adam Headland - Overall Men's Bodybuilding Champion**
2. Kip Brown
3. Sebastian Naskmert
4. Dave Haynes
5. Allen Riley

Men - Bodybuilding (Masters, over 40)

1. Adam Headland
2. Ron Sarazin
3. John Almasi
4. Todd Sloane
5. George Koprash

Men - Bodybuilding (Grand Masters, over 50)

1. Gene Madeo (age 75!)
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Women's Bodybuilding

Women - Bodybuilding (Lightweight)

1. Ivette Landry

Women - Bodybuilding (Heavyweight)

1. **Lynne Loiselle - Overall Women's Bodybuilding Champion**
2. Lindsie Cherton

Women - Bodybuilding (Masters, over 35)

1. Lynne Loiselle
 2. Ivette Landry
 3. Judy Gareh
 4. Lynn Gibson
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Figure

Women - Figure (Short)

1. Dana Tantalo
2. Mindie Terry
3. Trisha Irvine

Women - Figure (Medium)

1. **Rosa Valente - Overall Figure Champion**
2. Vanessa Pipoli
3. Angele Roy

Women - Figure (Medium-Tall)

1. Melanie Perreault
2. Kim Salmon
3. Samantha Emery
4. Kelly Kaizer

5. Carole Kuehni
6. Lara O'Connor

Women - Figure (Tall)

1. Josee Nadeau
2. Monika Pocsaji
3. Elissa Molino
4. Jessica Sicolly
5. Rachel Kotanen
6. Susan Koprash

Women - Figure (Masters, over 35)

1. Cindy Popowich
2. Kim Salmon
3. Mindie Terry
4. Renate Fournier-Belanger
5. Monika Pocsaji
6. Holly Baril
7. Carole Kuehni
8. Susan Koprash
9. Tracey Sinclair
10. Karen Tolley