

2009 Ontario Championships - Level 3

Location: London, Ontario

Date: June 20, 2009

Men's Bodybuilding

Men - Bodybuilding (Bantamweight)

1. Paul Brooker

Men - Bodybuilding (Lightweight)

1. Colin Stass

Men - Bodybuilding (Welterweight)

1. Brian Barraquis

Men - Bodybuilding (Light-Middleweight)

1. Jerry Poirier
2. Mark Anthony Wingson
3. Sean Stephenson
4. Anthony Josse
5. Reza Poursaleh

Men - Bodybuilding (Middleweight)

1. Shannon Anstey
2. Bernie Mockler
3. Leonard Trani
4. Joey Villeneuve

Men - Bodybuilding (Light-Heavyweight)

1. Marko Zaborac
2. Harris Jordanou
3. Victor Iacobelli
4. Jim Roxburgh
5. Peter Chiasson
6. John Almasi
7. Rick Rotchild

Men - Bodybuilding (Heavyweight)

1. **Chris White - Overall Men's Bodybuilding Champion**

2. Renaldo Gairy
3. Hassan Jama
4. Adam Headland
5. Benoit Lapierre
6. Ricardo DeMatos

Men - Bodybuilding (Super-Heavyweight)

1. Jerome Bravo
2. Marlon John
3. Maher Alasfar
4. Luke White
5. Eustace Abraham
6. Joe Del Gobbo
7. Kip Brown
8. Darrell Jackson

Men - Bodybuilding (Junior, under 21)

1. Anthony Joosee
2. Reza Pourselah

Men - Bodybuilding (Masters Lightweight, over 40)

1. Bernie Mockler
2. John Almasi
3. John Mutton
4. Paul Brooker
5. Mitch Gauthier
6. Raymond Martin
7. Andre Deschamps

Men - Bodybuilding (Masters Heavyweight, over 40)

1. Chris White
2. Paul Lenfeld
3. Adam Headland
4. Robert Schuler
5. Glen Gillan
6. John Ullmer

Men - Bodybuilding (Grand Masters, over 50)

1. Brian Steiss
2. Colin Stass
3. Randy Rogers
4. Greg Hookey
5. Lawrence Baker

6. Bill borty
 7. Lorence Rubin
 8. Lawrence Pugh
-

Women's Bodybuilding

Women - Bodybuilding (Lightweight)

1. Ivette Landry
2. Robin Baker
3. Lindsie Chertow

Women - Bodybuilding (Middleweight)

1. Cindy Gillan
2. Lynne Loiselle

Women - Bodybuilding (Heavyweight)

1. **Sharon Mould - Overall Women's Bodybuilding Champion**
2. Tananarive McGowan
3. Dawn Marie Runnalls
4. Lucy Cerantola

Women - Bodybuilding (Masters, over 35)

1. Sharon Mould
 2. Tananarive McGowan
 3. Lucy Cerantola
 4. Cindy Gillan
 5. Ivette Landry
 6. Lynne Loiselle
 7. Christa Pelacek
-

Fitness

Women - Open

1. **Sommer Robertson - Overall Women's Fitness Champion**

Figure

Women - Figure (Short)

1. Lauren Jacobson
2. Angela DeFrancesco
3. Sandra Pacheco
4. Chantal Milot
5. Tanya Watkins
6. Avril Mamo
7. April Dumouchel
8. Rosanne Rayfield
9. Maria Mederios

Women - Figure (Medium)

1. **Rosa Valente - Overall Figure Champion**
2. Anita Kus Roberts
3. Jolene Fonseca
4. Judy Doughty
5. Vanessa Pipoli
6. Elsie Simmons
7. Melissa McQuilien

Women - Figure (Medium-Tall)

1. Rachel Davis
2. Carrie Burnstein
3. Jaqueline Gallacher
4. Tanya Bott
5. Pamela Bortmes
6. Kim Salmon
7. Heather Wilson-Phillips
8. Sharon Briand
9. Lisa Faria

Women - Figure (Tall)

1. Sheri Fisher
2. Karrylynn Blonde
3. Silvana Salvati
4. Valerie Richman
5. Skye Johnston
6. Nkechi Nwafor- Robinson

7. Monika Pocsaji
8. Dana Deelen
9. Kimberly Lachapelle
10. Elissa Molina
11. Josee Nadeau

Women - Figure (Masters, over 35)

1. Sandra Pacheco
2. Chantal Milot
3. Avril Mamo
4. Jacqueline Gallacher
5. Skye Johnston
6. Nkechi Nwafor-Robinson
7. Tanya Bott
8. Rosanna Rayfield
9. Susan Harvey

Women - Figure (Grand Masters, over 45)

1. Judy Doughty
2. Sharon Briand
3. Kim Salmon
4. Nancy Sinclair
5. Susan Koprash
6. Kristine Belanger
7. Angela Reda