

2009 Ontario Natural Championships

Location: Hamilton, ON

Date: September 19, 2009

The top 5 in each category qualify for the 2010 CBBF National Natural Physique Championships held April 3, 2010, in Montreal, Quebec.

Final results subject to outcome of doping-control tests performed by the Canadian Centre for Ethics in Sports (CCES).

Men's Bodybuilding

Men - Bodybuilding (Lightweight)

1. Joseph Walker

Men - Bodybuilding (Welterweight)

1. Tony Magee
2. Adam Dzudzsak
3. Ian Yee
4. Dwight Nelson

Men - Bodybuilding (Middleweight)

1. Duncan Milloy

Men - Bodybuilding (Light-Heavyweight)

1. **Ricardo Gardaner - Overall Men's Bodybuilding Champion**

Men - Bodybuilding (Heavyweight)

1. David McLauchalan
2. Jean-Clement Marcouiller

Men - Bodybuilding (Super-Heavyweight)

1. Rick McCutcheon

Men - Bodybuilding (Classic Short)

1. Douglas Slauenwhite

Men - Bodybuilding (Classic Medium)

1. Tony Magee
2. Samuel Peters

Men - Bodybuilding (Classic Tall)

1. **Duncan Milloy - Overall Men's Classic Bodybuilding Champion**
2. David McLauchlan

Men - Bodybuilding (Junior, under 21)

1. Samuel Peters

Men - Bodybuilding (Masters, over 40)

1. Rick McCutcheon
2. Shawn Robinson
3. Floyd Jacobs

Men - Bodybuilding (Grand Masters, over 50)

1. Gil Therrien
2. Rick Perpich
3. Joseph Walker
4. Jean-Clement Marcouiller

Men - Bodybuilding (Great Grand Masters, over 60)

1. Douglas Slauenwhite

Women's Bodybuilding

Women - Bodybuilding (Lightweight)

1. Mindie Terry
2. Maria Melo

Women - Bodybuilding (Heavyweight)

1. **Lucy Cerantola - Overall Women's BodyBuilding Champion**
2. Wanda Vayduk

Women - Bodybuilding (Masters, over 35)

1. Lucy Cerantola

2. Wanda Vayduk
 3. Mindie Terry
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Fitness

Women - Open

1. **Valeria Fazio - Overall Fitness Champion**
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Figure

Women - Figure (Short)

1. Nancy Sinclair
2. Heather Paterson
3. Yolanda Rosato

Women - Figure (Medium)

1. Tambra Tufford
2. Cindy Currie
3. Tawnya Gee

Women - Figure (Medium-Tall)

1. **Tanya Bott - Overall Figure Champion**

Women - Figure (Tall)

1. Erica Booth
2. Anne-Marie Sirko
3. Renee Willis and Ryanne MacKenzie (tie)
4. Ashlee Taylor
5. Kourtney Wilson
6. Marisa Anderson
7. Renate Belanger

Women - Figure (Masters, over 35)

1. Tanya Bott

2. Anne-Marie Sirko
3. Cindy Currie
4. Renee Willis
5. Heather Paterson
6. Yolanda Rosato
7. Tawnya Gee
8. Brigitte Blais
9. Karen Roy

Women - Figure (Grand Masters, over 45)

1. Renate Belanger
2. Nancy Sinclair
3. Sandra Serafini

Bikini

Women - Bikini (Short)

1. **Jennifer Lambert - Overall Bikini Champion**
2. Zara Boorder
3. Vanda Hadarean

Women - Bikini (Tall)

1. Dawnita Deleeuw
2. Erin Bailey-Boyes
3. Joanne Robertson
4. Vanessa Rose