

2009 Woodstock Championships - Level 1

Location: Woodstock, ON

Date: October 3, 2009

Men's Bodybuilding

Men - Bodybuilding (Lightweight)

1. Salvius Lau

Men - Bodybuilding (Middleweight)

1. Don Hayes
2. Dominic Caron
3. Jason Pitre

Men - Bodybuilding (Light-Heavyweight)

1. **Stephen Weigel - Overall Men's Bodybuilding Champion**
2. Steve Tavares
3. Ryan Darville
4. Alessandro Cappa
5. Paul Kingsbury

Men - Bodybuilding (Heavyweight)

1. Tim Love
2. Douglas Gertly

Men - Bodybuilding (Classic Short)

1. Salvius Lau

Men - Bodybuilding (Classic Medium)

1. Jason Pitre

Men - Bodybuilding (Classic Tall)

1. **Douglas Gertley - Overall Men's Classic Bodybuilding Champion**
2. Floyd Jacobs
3. David Mclauchlan
4. Stephen Christian
5. Ryan Darville

Men - Bodybuilding (Junior, under 21)

1. Stephen Weigel
2. Alessandro Cappa

Men - Bodybuilding (Masters, over 40)

1. Don Hayes
2. Douglas Gertley
3. David Mclauchlan

Men - Bodybuilding (Grand Masters, over 50)

1. John Triolet
2. Richard Laprise

Figure

Women - Figure (Short)

1. Christina Corso
2. Kristine Riddler
3. Yolanda Rosato
4. Krista Easto

Women - Figure (Medium)

1. Janet Chan

Women - Figure (Medium-Tall)

1. Carol Lama
2. Melaine Gardiner
3. Shannon Byers

Women - Figure (Tall)

1. **Erica Booth - Overall Figure Champion**
2. Tina Anderson
3. Linn Rylands
4. Sharon Philbrick
5. Laura Lea Devine

Women - Figure (Masters, over 35)

1. Carol Lama

2. Yolanda Rosato
3. Sharon Philbrick

Women - Figure (Grand Masters, over 45)

1. Kristine Riddler