

2009 Eastern Ontario Championships - Level 2

Location: Ottawa, ON

Date: November 7, 2009

Men's Bodybuilding

Men - Bodybuilding (Lightweight)

1. **Hamid Noorouzi - Overall Men's Bodybuilding Champion**

Men - Bodybuilding (Middleweight)

1. Michael Maillet

Men - Bodybuilding (Light-Heavyweight)

1. Marek Las
2. Duncan Milloy

Men - Bodybuilding (Junior, under 21)

1. James Elliott
2. Sheldon Smit
3. Mathieu Babinsky

Men - Bodybuilding (Masters, over 40)

1. Ricardo Gardiner
 2. George Blougouras
 3. Marek Las
 4. Johan Grundlingh
 5. Wayne St-Pierre
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Women's Bodybuilding

Women - Bodybuilding (Open)

1. Kim Ledoux
2. Shannon Byers
3. Aimée Brouillard

Women - Bodybuilding (Masters, over 35)

1. Eleanor Rabnett
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Fitness

Women - Fitness (Open)

1. Liana Saadi
 2. Dominik Chartrand
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Figure

Women - Figure (Short)

1. Cherie Cole
2. Melissa Krulick

Women - Figure (Medium)

1. Tawnya Gee
2. Chelsea Boissonneault
3. Janet Chan
4. Janine Proulx

Women - Figure (Medium-Tall)

1. **Melanie Gardner - Overall Figure Champion**

Women - Figure (Tall)

1. Erica Booth
2. Lynn Rylands

Women - Figure (Masters Short, over 35)

1. Tawnya Gee
2. Melissa Krulick
3. Debbie Laurin-Leclerc
4. Cherie Cole
5. Shelley Demkiw
6. Sylvie Lalande

7. Maria Guimaraes
8. Janet Chan
9. Kirsten Sardelis
10. Janine Proulx

Women - Figure (Masters Tall, over 35)

1. Sylvie D'Aoust
2. Marinda Grundlingh
3. Kate Durst
4. Lisa McKay
5. Sarah Burnett