

2009 London Bodybuilding & Figure Championships - Level 1

Location: London, ON

Date: November 21, 2009

Men's Bodybuilding

Men - Bodybuilding (Lightweight)

1. Monty Breeden
2. Joshua McGuire
3. Mark Sapala
4. Jason Pitre
5. Justin Ballak

Men - Bodybuilding (Middleweight)

1. Sean Tierney - Overall Men's Bodybuilding Champion
2. Kevin Monster
3. Ahim Alcee
4. Shiv Dutt Sood
5. Haidar Jaafar
6. Matt Moring
7. Brandon Quirk
8. Stephen Baker
9. Jonathon Flitton

Men - Bodybuilding (Lighthheavy)

1. Voytek Maciejko
2. Mike Partridge
3. Joshua Sheriff
4. Jag Dhaliwal
5. Kevin Catenacci
6. Dan Grefford

Men - Bodybuilding (Heavyweight)

1. Richard Russo
 2. Mike Mc Cready
 3. Dominic Papillo
 4. Rob Kopitar
 5. Damiel Kocmiel
 6. Alessandro Didone
 7. Raymond Bagtole
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Woman's Bodybuilding

Women - Bodybuilding (Lightweight)

1. Tricia Irvine

Women - Bodybuilding (Heavyweight)

1. Julia Karantjas - Overall Woman's Bodybuilding Champion
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Figure

Women - Figure (Short)

1. Heather Paterson
2. Krista Easto
3. Cindy Fox
4. Selena Cornwall

Women - Figure (Medium)

1. Tish Szkabarnicki
2. Janine Mutton
3. TamLynn Gilbert

Women - Figure (Medium-Tall)

1. Julie Mancini
2. Meni Moskowski
3. Laura Mc Callum
4. Chandelle Carter
5. Rebecca Proulx
6. Laura Smith
7. Sophie Morin
8. Carol Turnes

Women - Figure (Tall)

1. Anna Kay Livermore - Overall Figure Champion
2. Sharon Philbrick
3. Angela Michalecki
4. Susan Mc Cormick

5. Kathryn Lake
6. Heather Burdick
7. Michelle Reynolds
8. Michelle Mackie