

2009 Western Ontario Bodybuilding, Figure and Bikini Championships - Level 2

Location: London, ON

Date: November 21, 2009

Men's Bodybuilding

Men - Bodybuilding (Junior)

1. Richard Russo
2. Haidar Jaafar
3. Brandon Quirk
4. Justin Ballak

Men - Bodybuilding (Masters 40-49)

1. Gary Jenks
2. Voytek Maciejko
3. Don Hayes
4. Glen Gillan
5. Anthony Demasi
6. Raymond Baglole

Men - Bodybuilding (Grandmasters)

1. John Triolet

Men - Bodybuilding (Lightweight)

1. Luke Gardiner
2. Mike Benincasa

Men - Bodybuilding (Middleweight)

1. Ramow Fedor
2. Don Hayes
3. Graham Miller
4. Anthony Demasi

Men - Bodybuilding (Heavyweight)

1. Gary Jenks - Overall Men's Bodybuilding Champion
 2. Glen Gillan
 3. Dorian Hamilton
-

Woman's Bodybuilding

Women - Bodybuilding (Heavyweight)

1. Shannon Byers - Overall Woman's Bodybuilding Champion
-

Woman's Figure

Women - Figure (Short)

1. Jennifer Kaye - Overall Figure Champion
2. Cara Kosie
3. Pamela Gorrie
4. Kristine Ridler
5. Katie Kersey

Women - Figure (Medium)

1. Kristin Sauve-Biggs
2. Kelly Yaroshewski
3. Sheila Tibbo

Women - Figure (Medium-Tall)

1. Carol Lama

Women - Figure (Tall)

1. Tina Anderson
2. Kate Durst

Women - Figure (Masters 35+)

1. Meni Moskowski
2. Carol Lama
3. Heather Patterson
4. Kristin Sauve-Biggs
5. Tina Anderson
6. Julie Manccini
7. Sharon Philbrick (tie)
8. Kate Durst (tie)
9. Sheila Tibo

10. Tam Lynn Gilbert
11. Laura Mc Callum
12. Cindy Fox
13. Heather Burdick
14. Michelle Mackie

Women - Figure (Grandmasters)

1. Kristine Riddler
-

Woman's Bikini

Women - Bikini (Short)

1. Zara Pineda-Border
2. Ashley Corrine-Harrison
3. Goretti Francisco
4. Janet Chan
5. Selena Cornwall
6. Jamie Martin

Women - Bikini (Short)

1. Niki Goodman - Overall Bikini Champion
2. Jennifer Phillips
3. Laura McCallum
4. Amy Crowell
5. Sharon Philbrick
6. Alison Wells
7. Michelle Reynolds