



BIKINI DIVISION RULES

OPA MEMBERSHIP

Each competitor must be a member of the Ontario Physique Association with a valid Provincial membership number. Memberships are valid from Jan 1st – Dec. 31st of each calendar year and must be renewed yearly. For Regional & Provincial contests memberships can be purchased online or at registration. For National and International events, membership must be purchased prior to the event.

COMPETITOR RULES

- Competitors will compete in a two-piece suit. The bottom of the suit must be V-shaped. Thongs and Brazilian cut bottoms are prohibited. Competitors may compete in an off-the-rack suit, however custom competitive attire is recommended for proper fit and to adhere to stage guidelines.
- All swimsuits must be in good taste.
- Athletes will be warned about improper suits and are advised to bring two (2) suits to check in. The fronts of the suits are too low and must be constructed higher. Athletes will be scored down if the suit is not up to standard.
- Competitors must wear high heels, no restrictions.
- Competitors may wear jewelry.
- OPA Regional & Provincial competitions are permitted to have crossovers at the discretion of the promoter with appropriate approval from the OPA however; CBBF National level contests do not permit competitors to cross over into Bodybuilding, Fitness, Figure and Bikini at the same event.

HEIGHT CLASSES

A promoter can choose to have fewer height classes for non-national level contests as follows:

For all contests with two (2) classes:

- Up to and including 5'4"
- Over 5'4"

For all contests with three (3) classes:

- Up to and including 5'4"
- Over 5'4" and up to and including 5'6"
- Over 5'6"

For all contests with four (4) classes:

- Up to and including 5'2"
- Over 5'2" and up to and including 5'4"
- Over 5'4" and up to and including 5'6"
- Over 5'6"

Once numbers of athlete registration warrants the following categories will be provided:

- Up to and including 5'1"
- Over 5'1" and up to and including 5'2-1/2"
- Over 5'2-1/2" and up to and including 5'4"
- Over 5'4" and up to and including 5'5-1/2"
- Over 5'5-1/2" and up to and including 5'7"
- Over 5'7"

REGISTRATION/CHECK-INS

BIKINI Division competitors will be checked in and measured the same as Fitness and Figure competitors. Competitors are required to wear their suit to registration for approval by the Head Judge or designated official.

COMPETITION JUDGING

Presentation:

- Competitors will walk onstage alone and perform their Model Walk (personal preference).
- The Model Walk consists of the following:

Walk to the center of the stage, stop and do a front stance – hand(s) on hip front pose - then a full turn and do a back stance – hand(s) on hip back pose – then turn to the front again – hands on hip - and face the judges as directed then proceed to the side of the stage, standing on angle to back of stage. No lewd acts are permitted. Length of time allowed is 10 seconds.

Comparison Round, Two-Piece Swimsuit:

- Competitors will be judged wearing a two-piece swimsuit and heels.
- The competitors will be brought back out in a group and directed to do a full front and back stance.
- Judges will have the opportunity to compare competitors against each other in half turns. (No side judging permitted, front and back only.)

Scoring:

Judges will be scoring competitors using the following criteria:

- Balance and shape
- Overall physical appearance including complexion, skin tone, poise and overall presentation.
- Judging concluded during prejudging.
- No elimination, all athletes scored to 15 placing, score 16 for all others.

FINALS

Presentation:

- Competitors will walk to the center of the stage alone and perform their Model Walk (personal preference); face the judges as directed then proceed to the side of the stage, standing on angle to back of stage.
- First group of athletes, from lowest number to highest called out in numerical order, and directed to do a full front and back stance, then go to the side of the stage, continue until all athletes are compared.
- Fifth place competitor is called to front of stage to the 5th place location where the award is presented. This continues until all finalists come forward for trophy presentations. All others leave the stage.
- If sponsor for class called forward, stands between 1st and 2nd, etc. for pictures.
- Class finished, leave stage.

Only scoring during finals is for overall title, finalists called to centre stage and comparison takes place.

Who Qualifies for Bikini at Regional Level Competitions?

You must be a resident of Ontario and have a current OPA membership to compete in a Regional Competition.

Who Qualifies for Bikini at the Provincial Level Competitions?

Competitors who placed in the top five (5) in each class at a Regional contest and have a current OPA membership.

Who Qualifies for Bikini National Level Competitions?

Competitors who placed in the top five (5) in each class at national qualifying contests and have a current OPA membership.

Not accepted



accepted

